

## **Sai Vibrionics Newsletter**

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."  
...Sri Sathya Sai Baba

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## **☞ From the Desk of Dr Jit K Aggarwal ☞**

Dear Practitioners

### **On the inauguration of the new-style Newsletter**

On this very auspicious occasion of the celebration of the 89th Birthday of our beloved Lord, Bhagawan Sri Sathya Sai Baba, we are happy to offer the Sai Vibrionics Newsletter in loving service. We are grateful to Swami for blessing us with this new version. As vibrionics practitioners, let us show our devotion to Baba by rededicating ourselves to serve the distressed and diseased with pure love.

This is our inaugural issue using a web-based html format. The redesign will allow readers to search cases by subject. For the present, the search function will apply to the contents of this issue only. In the future, we will expand the search functions to encompass word searches and the contents of all previous issues of the Newsletter. This work will take our team time, so we ask for your patience. We sincerely hope the upgrade will make the Newsletter more accessible and useful.

Many individuals have played a role in developing the improved Newsletter and contributing materials. We are truly thankful to all of you for your loving seva. We hope that active practitioners will feel inspired to join this effort and send us their case histories and other materials for review (Please refer to the guidelines for case histories in the Announcements section below.) We expect the Newsletter to evolve as we go forward, and we will continue to seek Swami's guidance in this.

After reading this issue, I hope that you will send me your comments and let the members of our team know what you think of the new-style Newsletter. We would very much appreciate hearing from you. You can reach me directly at [news@vibrionics.org](mailto:news@vibrionics.org).

### **A new series of advanced training articles and a new Newsletter department**

We hope the Sai Vibrionics Newsletter will support you in your practice and also help build a sense of community among practitioners. Our goal is to help practitioners provide the best possible and most loving care for their patients. With this in mind, I have two announcements to make.

First, I would like to announce that, beginning with this issue, I will be supplying articles containing further information to support your treatment of patients. These articles will be announced in the Newsletter and posted on the Vibrionics website. They will come out from time to time.

These articles will cover topics important to all practitioners which I am frequently asked to clarify. The topics themselves are too complex to be covered in answers in The Question Corner.

The purpose of these articles is to review, supplement and update information currently available to practitioners. For that reason I ask that every practitioner reads these articles carefully.

The first article I am giving you is on Dose and Dosage. It has been posted on the Vibrionics website in the Resources Library, under Books, Videos and Articles. This article is intended for practitioners only. You can access it at [www.vibrionics.org](http://www.vibrionics.org) by logging in.

Secondly, I would like to announce that we are adding a new section to the Newsletter called In Addition. It will be the last section in the Newsletter. This section will accommodate a variety of subjects, including information that can nurture the Vibrionics community. Practitioners all live in different places, but geographical separation should not mean a separation between hearts.

Appropriately, our first "In Addition" article comes from the USA & Canada Trainer and Coordinator<sup>01339...USA</sup>, who explains how she connects with practitioners in her region, encouraging them to ask questions and learn from each other. This is a good example of one way of connecting practitioners. There are other ways which may work just as well for your area. What is important for practitioners is to have a resource for their questions and learn from more experienced practitioners, all for the benefit of the patients. This report gives practitioners an excellent opportunity to think about how to connect with other practitioners in their area and the potential benefits of such satsang in a non-public venue.

### **What is Sai Vibrionics?**

I am also happy to announce that in commemoration of Baba's 89th Birthday, on November 23, we have released the video 'What is Sai Vibrionics', Sai Ram Healing Vibrations in 13 languages including English. The video was originally presented at the 1st International Vibrionics Conference in Puttaparthi in January of this year. The new translations will be posted soon on the Vibrionics website and you will be able access them at [www.vibrionics.org](http://www.vibrionics.org).

### **Health Tips**

Lastly, I recommend to you the fine article that has recently been posted on Radio Sai, Value of Vegetarianism - parts 1 & 2 at [http://media.radiosai.org/journals/vol\\_12/01OCT14/Vegetarianism-part-01.html](http://media.radiosai.org/journals/vol_12/01OCT14/Vegetarianism-part-01.html).

The article presents essential teachings of Sathya Sai Baba on the importance of vegetarianism. It also provides quite a clear account of the negative effects on human health and ecology caused by meat consumption. I recommend that you read this article and share it with patients who could benefit from improvements in their diet.

In loving service to Sai  
Jit Aggarwal

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## **Case Histories Using Combos**

### **1. Pancreatic Cancer** <sup>12051...India</sup>

While living in the US, an elderly lady (80) developed a severe stomach ache and loss of appetite, which continued for nearly a year. While visiting her daughter in Mumbai in February 2014, medical tests were done. To her dismay, the tests revealed adenocarcinoma (pancreatic cancer) stage IIB. The mass was 5 x 2.6 cm, with a metabolic activity of 3.3. It was inoperable. She underwent 19 rounds of radiation and oral chemotherapy. According to the doctor, the best possible outcome of such treatment would be to slow the cancer by reducing its metabolic activity to 1.5, but the prognosis was poor. After completing treatment, the patient was feeling depressed and very low.

At this juncture she was given:

**CC2.1 Cancers-all + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC4.7 Gallstones + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...6TD**

After taking vibro for about a month she gained confidence and slowly regained her strength. The burning sensation in her stomach was also reduced and by July 2014 she slowly began to feel more normal.

In July 2014, a PET-CT scan was done. The results showed a dramatic improvement. According to the physician's report, the patient's tumour had shrunk and its metabolic activity was down to zero. After she returned to New York, a follow-up CT scan was done in New York in September 2014. It was consistent with the prior scan in India, confirming a cessation of metabolic activity. In August she was diagnosed with Type 2 Diabetes and given oral medicine, which brought the diabetes under control. A third CT scan in October reconfirmed that there was no metastatic activity in the remaining tissue. With this very good news, her doctors told her that there was no need to keep repeating the scans every two months. Her checkups could be less frequent. As of October, she was continuing to take vibro QDS.

Patient's comment:

The patient is extremely happy and feels that her dramatic recovery was due to vibro medicine. She is grateful to Swami for His immense Grace.

**2. Asthma** <sup>02799...UK</sup>

A 62-year-old woman came in for treatment of severe asthma. She had suffered from asthma more than 40 years and was currently using a steroid inhaler 3 to 4 times a day.

She began treatment on April 1, 2014, with:

**CC10.1 Emergencies + CC15.1 Emotional & Mental tonic + CC19.1 Chest tonic + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic + CC19.6 Cough chronic + CC19.7 Throat chronic...QDS** for one month, then reduce to **TDS**

After four weeks' treatment, she reported she felt 50% better and had been able to reduce the inhaler use to BD. After five weeks' treatment, on May 8, 2014, she came to see the practitioner to say that she had stopped using the inhaler and felt completely well. Nevertheless the practitioner asked her to continue the remedy BD for 6 months and then OD for life, given her long history of asthma. She is happy to continue OD.

**3. Constipation, Indigestion & Candida** <sup>11966...India</sup>

On August 15, 2014, a boy (2 ½ years old) was brought in for treatment of chronic constipation and indigestion for which he had been suffering for 1 ½ years. He had been getting up nearly every night crying, complaining of stomach pain. The parents had tried giving him allopathic medicines were tried a couple of times but the problem persisted. He was given the following remedy prepared in 200 ml of water (one drop of each combo):

**#1. CC4.1 Digestion tonic + CC4.4 Constipation + CC4.10 Indigestion + CC12.2 Child tonic...TDS**

After 3 days, the constipation and indigestion symptoms were gone. The boy's diet was then changed. At the time, his intake of biscuits and chocolates was very high. Biscuits were stopped, his sugar intake was reduced and he continued with the same dosage.

In addition, the boy also had a tendency to develop fungal infections around the anus. A 2" inch patch would frequently appear. He had been suffering from this skin infection for the past few months. The practitioner judged that the body was unable to detoxify itself due to the intestinal fungal overgrowth, so the remedy was changed to:

**#2. Combo #1 + CC12.2 Child tonic + CC17.2 Cleansing + CC21.7 Fungus...TDS**

The amount of water for making the remedy was also increased from 200 ml to 400 ml. After 2-3 days the fungal infection was gone, and after two weeks there was no sign of skin infection.

**4. Joint Pains and Stiffness** <sup>03112...Greece</sup>

An 18-year-old male complained of pain and stiffness in every joint of his body, numbness in fingers & legs and difficulty in bending and stretching his limbs. He said that he could practically hear his joints creaking while on the move; so he felt like an old man. This had been going on for several months. He had not seen a doctor.

The patient started treatment on February, he was continuing to take the remedy TDS as a preventive.

**5. Psychic Attacks, Conjunctivitis** <sup>03112...Greece</sup>

A 17-year-old boy presented two different problems: For 2 years he had been very anxious and could not sleep well, fearing he was under attack by invisible entities. He had not previously sought treatment for this. Also, for 10 years, he had been suffering from chronic conjunctivitis. His eyes were very red and itchy. He had been taking cortisone for many years for these symptoms. Recently he tried homoeopathy but reached a dead-end with the treatment. The practitioner gave him:

For psychic attacks:

**#1. CC15.1 Mental and Emotional tonic + CC15.2 Psychiatric disorders...TDS**

For conjunctivitis:

**#2. CC7.3 Eye infections + CC20.1 SMJ tonic...TDS**

The patient started both remedies on January 25, 2014, and got an immediate response. After one day's treatment, he was able to sleep uninterruptedly through the night and lost his fears about psychic attacks. After two days' treatment, his eyes cleared up.

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**6. Travel Sickness, Diarrhoea, Vomiting** <sup>11965...India</sup>

The practitioner writes: During my initial stage of practicing Vibrionics, I experienced my first miracle when seven guests from Kerala arrived on April 18, 2014 to visit Delhi. From travelling and eating food outside, all 7 had come down with stomach upset and continuous vomiting. I immediately prepared a remedy in water: **CC4.6 Diarrhoea + CC4.10 Indigestion + CC17.1 Travel Sickness...1 tsp every 10 minutes**

At first they were a little hesitant to take it but finally 4 of them started. After 1 hour, they felt better than the others, who had not taken the remedy. By the end of the second hour, the 4 on Vibrionics were completely fit and were ready to go shopping, while the other 3 were still in the same sorry state as before. Seeing the change in the 4 who had taken the Vibrionics, the rest of them started the remedy also. It took this group 3 hours to recover. But by evening, all of them were perfectly fine and had a gala dinner.

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**7. Mouth Ulcers, Vaginal Discharge & Fibroadenoma** <sup>11964...India</sup>

On April 16, 2014, a 24-year-old woman presented with multiple health problems. She looked weak and pale. She had been experiencing acute pain in abdomen and continuous vomiting. Her doctors suspected intestinal obstruction and likely Koch's Abdomen (abdominal tuberculosis), and had ordered a laparoscopy in 8 days" time. She had been hospitalized for the same symptoms the previous year, July 2013, but the problem was long-standing as she had been having pain in the abdomen at regular intervals followed by vomiting since the age of 12, after a serious lung disease. In addition, she complained of general weakness, job related stress and mouth ulcers, ongoing for 1 month, and also a vaginal discharge, ongoing for 2 years.

The practitioner gave her:

For pre-surgery and stress:

**#1. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic...TDS for 3 days**

For mouth ulcers:

**#2. CC11.5 Mouth infections...QDS for 3 days**

For vaginal discharge:

**#3. CC8.5 Vagina & Cervix...QDS for 3 days**

After completing this course of treatment, on day 4, the patient reported 50% reduction in stress, 25% reduction in the mouth ulcers, and 10% reduction in the vaginal discharge. The treatment was continued, and further progress was seen.

On day 10, the patients said her stress was 100% gone, the mouth ulcers were 75% reduced, and the vaginal discharge was 20% reduced.

As previously scheduled, the patient underwent surgical procedure (Laparoscopic Adhesiolysis) to remove scar tissue from the abdomen. On May 3 the patient discontinued hospital treatment. At this point, she had been taking Vibrionics for 18 days. She was feeling weak but spirited. She had not been getting any further improvement in the mouth ulcers and vaginal discharge since day 10.

On May 4 the practitioner changed her treatment to:

For post-surgery and mouth ulcers:

**#4. CC10.1 Emergencies + CC11.5 Mouth infections...TDS for 1 week**

For vaginal discharge and general weakness:

**#5. CC8.5 Vagina & Cervix + CC12.1 Adult tonic ...TDS for 1 week**

After this adjustment, improvements resumed. At the end of 1 week's treatment, the mouth ulcers were 75% reduced, and the vaginal discharge was 25% reduced. After 2 weeks, the ulcers were 90% gone and the discharge was 50% gone. After 3 weeks (May 25), the ulcers were completely healed and the vaginal discharge was 75% reduced.

Since the mouth ulcers were now healed, from this point forward, the dosage was gradually stepped down over a period of 2 weeks (#4...BD for 1st week, then OD for 2nd week) and then discontinued.

However, treatment for the vaginal discharge continued. Further improvements were seen as follows: after weeks 4 &5, 90% reduced; after week 6, 95% reduced; and after week 7, 100% gone (June 22). After the discharge had stopped, treatment was tapered off very slowly over a period of 3 weeks (#5... BD for 1st week, OD for 2nd week, then 3TW for 3rd week) before being discontinued. By the end of June, the patient had gained weight and began to look healthy, radiant and cheerful.

The patient's health problems were still not over. While the above problems were being treated, another was discovered. Following a breast biopsy on 25 May, the patient received a diagnosis of fibroadenoma without granulomas, a benign breast disease. The patient was given:

#6. CC2.3 Tumours & Growths...QDS for 2 weeks

Treatment was continued for a further 2 weeks while the situation was monitored. The patient remained asymptomatic. After a total of 5 weeks' treatment, the dosage was gradually reduced to a maintenance level as follows: #6...BD for 2 weeks, then 3TW for 2 weeks, then OW indefinitely beginning July 27, 2014.

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### 8. Arthritis <sup>02915...Italy</sup>

A 39-year-old woman with arthritis had been suffering for 3 months with severe pain in her right shoulder. The pain was so strong that she could not sleep at night. Prior to Vibrionics she had taken pain-killers, anti-inflammatory drugs, massage therapy and laser treatments, without much benefit. On January 10, 2014, she was given:

NM24 Rheumatism & Arthritis + NM59 Pain + NM113 Inflammation + OM4 Cervical + SM28 Injury + SM36 Skeletal + SR284 Chelidonium + SR295 Hypericum (30C) + SR503 Ligament...TDS

After five days treatment, the pain decreased by 70%. After ten days, the pain was completely gone. She continued taking the remedy for two more months, then reduced the dosage gradually to BD and then OD before stopping. She never experienced a pullout. As of September 2014, the pain had not returned.

Practitioner's Comment:

The patient and I are both very happy with the result of the treatment and are grateful to God for this healing.

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### 9. Sinusitis, Nasal Congestion & Sneezing <sup>02799...UK</sup>

A boy of 6 had been suffering from chronic blocked nose, sinus problems, and sneezing for the past one year. He got little relief from the nasal drops his doctor had prescribed. On June 21, 2014, he was given:

For sneezing:

#1. SR520 Phrenic Nerve...single dose in water

For the nose and sinus:

#2. CC12.2 Child tonic + CC19.1 Chest tonic + CC19.2 Respiratory allergies + CC19.5 Sinusitis...TDS

After three days of treatment, the mother reported that the sneezing had stopped. After one month's treatment, the sinus and nose problems were completely cured. As a preventive, the mother was asked to continue the boy on #2...BD and was doing so as of October 2014.

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### 10. Gangrene, Diabetes <sup>02494...Italy</sup>

While in Prashanti Nilayam, the practitioners (husband and wife team) decided to make a phone call to an old friend in Italy, who was very ill, to see how he was faring. They had been out of touch for some time. Their friend, then 64 years old, had been suffering from diabetes for 30 years and was insulin dependent but did not take care of himself. He was in crisis when they called. Because of gangrene complications from diabetes, the big toe of his right foot had been amputated. The other toes were turning gangrenous, and since the infection had infiltrated the bone, the doctors had told him that they would have to amputate the right leg below the knee in a week. He was confined to his bed and was feverish. He also felt desperate as he had lost all hope in recovering through his doctors' treatment.

Prior to this, the man had always refused Vibrionics treatment, but the practitioners were moved to ask him for permission to broadcast Vibrionics to him, anyway. This time, the man said yes.

Before hanging up, the practitioners promised that they would prepare the combo and begin the broadcast the very next morning. It was very late at night and they were tired. But after saying goodbye, knowing of the patient's great suffering, they could not bear to wait until morning so they immediately prepared:

**NM6 Calming + NM21 KBS + NM32 Vein-Piles + NM36 War + OM3 Bone + BR11 Kidney + SM15 Circulation + SM17 Diabetes + SM26 Immunity + SM27 Infection + SM29 Kidney + SR293 Gunpowder + SR316 Streptococcus + SR457 Bone + SR501 Kidney + SR556 Pyrogenium**

They prayed to Swami and started broadcasting at 11:30 pm, on December 8, 2007.

After 10 minutes, the practitioners phoned the patient again to tell him that they had already started broadcasting and to ask him to let them know of any changes. With amazement and joy, the patient said that within the past few minutes his pain had disappeared. The fever was also all gone. The practitioners could hardly believe his words, but this was true. They continued the broadcast for the next few days, leaving the combo in the machine 24 hours non-stop. The patient's foot continued to improve day by day, and when, after a week, he went for an examination, the doctors were surprised to find that it was unnecessary to amputate the leg.

Practitioners' comment:

When we returned to Italy, the patient's foot was almost completely healed. He asked us to continue the treatment for diabetes with the pills. We were very happy because we thought he understood the effectiveness of vibronics. Unfortunately his inconsistency in following the treatment and his undisciplined way of life did not allow him to complete his healing. After a few months, he passed away owing to a heart attack. He did not realise the great opportunity that Swami had offered him by His Grace. It reminds us of the proverb, "God helps those who help themselves." Unfortunately, in many cases like this, even if a remedy is made with love and wisdom, it is still ineffective unless the patient takes it with discipline.

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## ☞ Practitioner Profiles ☞

**Practitioner** <sup>10717...India</sup>

### Personal experience

I serve as the District Balvikas coordinator for Uttar Kannada District. We have 75 Samiti/bhajan groups and 110 Balvikas centres. I have a great job of guiding gurus, conducting training programs, holding examinations, visiting the centres etc. I used to work at BSNL [a state-owned telecom company], but I left this job even though I had 11 more years to go before retirement because I thought that serving in Swami's mission when I am healthy and energetic is more important than money.

I seek no publicity or advertisement [Note: This profile was recommended by our Karnataka Coordinator <sup>10776...India</sup>. I hope that I am doing the work that satisfies Swami. I am also very busy thinking about Sri Sathya Sai Seva Organisation work, and carrying out the responsibilities given to me by Swami. As such I am not able to do much Vibro seva. However if patients come to my home I treat them lovingly.

### Cases

I have treated several cases of infertility. My first patient came to me on September 9, 2009. She was a housewife who had been married for 10 years. Her husband was a driver. The couple were unable to have a child. For the past five years, they had sought treatment from different gynaecologists but she never conceived. They were desperate as their hopes were waning. I prayed to Swami from the bottom of my heart to bless them with a child and I prepared two remedies, one for the wife:

#### #1. CC8.2. Pregnancy tonic...TDS

and one for the husband:

#### #2. CC14.3 Male infertility...TDS

I also prepared a water remedy **CC10.1 Emergencies** by mixing 2 drops in 1 litre water. I asked them both to take ½ cup of the charged water early in the morning on the first day they planned to start treatment before taking their respective remedies. In this way, they began Vibronics on September 10. They continued for four months. In the middle of January 2010, the lady came to me, smiling and weeping with happiness. She had conceived. Her family doctor had confirmed that she was two months pregnant. I asked her to continue:

**#1...BD** for protection against miscarriage until her delivery. With Swami's grace, she safely delivered a healthy daughter on August 27, 2010.

This patient is from a small town where news spreads very fast. So the news of this lady's happy outcome attracted many couples who were also infertile. They met her, got my address and approached me. I started treating 12 such cases. Of these, 4 more cases were blessed with success.

On October 8, 2010, six weeks after the previous couple's child was born, a 29- year-old lady came to me for treatment. She was a nurse who had been married for 8 years to a painter. She was despondent because she had been unable to get pregnant and had little hope of doing so because her husband was always drunk and physically quite weak but stubbornly unwilling to go to a doctor. I prayed to Swami to handle this case. I prepared **#1...TDS** for the lady and **#2...TDS** for the husband.

To treat the husband's alcoholism, I also prepared 3 drops of **CC15.3 Addiction** in 1 litre water and instructed the lady to give her husband 10ml of the charged water early every morning before he started **#2**. Thus the couple began treatment on October 9. In six months" time, the husband had reduced his drinking by 90%, and by the end of April, the lady got pregnancy symptoms. After her pregnancy was confirmed, the wife continued taking **#1...TDS** while the husband's remedy was changed to **CC15.3 Addiction...TDS**. Their beautiful daughter was born on December 24, 2011. The lady was brimming with happiness as she had got a child and at the same time, her husband had completely stopped drinking except on rare occasions. It seems the birth relieved him of tension and he is now very happy. This is how Swami blessed this couple.

On October 15, 2010, one week after the above lady came to me with her problem, a childless couple came to see me. The couple, the wife 36 and the husband 38, had undergone many courses of allopathic treatments trying to have a child during their marriage of 14 years. The lady had conceived twice before, once when she was 24 and once when 28, but both times, the pregnancy ended in miscarriage. I gave the wife **#1...TDS** and the husband **#2...TDS**.

After more than a year of treatment, during the last week of November 2011, the husband came to give me the good news that his wife was pregnant. I instructed the lady to continue **#1...TDS** until her delivery. Everything was fine but at the time of delivery, the cord got wrapped around the neck of the child and the child did not survive. This was a sad event, known to Swami.

More recently, early this year (January 22, 2014), a 33-year-old lady came to me seeking help for having a child. The problem was her husband, 42. He suffered from sexual dysfunction and had trouble reaching climax or ejaculating but was too embarrassed to seek treatment. Having been told by a doctor that his semen was too thick to come out, he developed an inferiority complex and lost all interest in intercourse. As the lady unburdened herself, she cried a lot, saying that she would not have a child in this lifetime. I showered her with love and consoled her, and encouraged her to take heart because with God's grace, everything is possible.

I prepared two remedies to give to her husband. For the husband's emotional fitness, I prepared 3 drops of **CC15.1 Mental & Emotional tonic** in 1 litre water and instructed the lady to give him 10ml of the charged water every morning. This was to be followed by **CC14.1 Male tonic + CC14.3 Male infertility...TDS**. After two months treatment, the lady reported that her husband was showing interest in sex and there had been some improvement in the passing of semen. After six months treatment, on July 17, the lady came to relay the happy news that she was pregnant. Her husband also came to thank me. The couple is expecting their new arrival sometime in December 2014. The husband, however, has since discontinued his Vibrionics. The lady remains positive and reports, "Leaving aside our physical relationship, my husband is very co-operative and jolly. Anyway now that I will be getting a child, that is God's Grace and that is enough for me".

On January 28, 2014, just a few days after I got the previous case, another childless couple, wife 28 and husband 35, came to see me. They had been trying to have a baby for 7 years. The husband was a barber and the lady, a housewife. They were too poor to go to a doctor for treatment. They told me that they had firm belief in God, that God would bless them with a child. But as the years passed, their belief began to waiver so they came in for Vibrionics. I gave the lady **#1...TDS** and the husband **#2...TDS**. After four months treatment, the lady's pregnancy was confirmed. She is continuing **#1...TDS** until her delivery, which is happily expected in January 2015.

I will conclude with a related case about our family's cat. In December 2011, our cat (then 1½ years old) was about to have her first litter. Her belly was big, and she had been very lethargic for 2-3 days, sleeping continuously. One morning, she moaned and stopped eating. I thought she would deliver that day. But two days passed, and the cat was screaming, and not taking anything but milk. We felt helpless. Then a thought struck me. I put 30 ml milk in a plastic bowl, added one drop of **CC10.1 Emergencies** and also a little vibhuti, and I prayed to Swami to give her relief. The cat drank the charged milk and within two hours, she gave birth to three beautiful kittens.



## Personal experience



I was born and raised in India, and came to the United States in 1993, and I now live with my husband and two sons in Urbana-Champaign, Illinois. I have a Bachelor's degree in Psychology and another Bachelor's in Business Management. I am also certified in Radiological Sciences and worked as a Radiological Technician until we moved here from Buffalo, New York, last year.

I first heard about Sai Vibrionics in 2012 from a Sai devotee in our Buffalo Sai Centre. That summer I was stricken with back problems and got in touch with a practitioner. I received the remedy by mail, started taking the pearls, and received immediate relief, after which my husband decided to take the remedy as well. It was miraculous how much better we both felt after a few days with no back complaints. I prayed to Swami at that time to be able to practice this seva if that was His will. A few months later I heard that the first US training was going to be offered. Again I prayed to Swami, to be able to participate, if that was His will. Everything seemed to fall into place and I was able to successfully complete the JVP training in October 2012. I now have over 2 years of experience of preparing remedies with the Common Combos, and by the infinite grace of Bhagawan, have successfully treated back pain, knee pain, recovery from knee surgery, fever, gastritis, acidity, stress, eczema, sleep apnoea, restless leg syndrome and cancer; and also plants and animals.

Swami has also given me the honour of serving as Operations Coordinator for the USA and Canada regions. One of my jobs is to collect the monthly reports from all the practitioners and submit the data to Dr Aggarwal. For this purpose, I send out monthly reminders to the practitioners along with tips on how to keep their Common Combo boxes in good shape, prevent bottles from drying out, and other such practical suggestion. I also supply practitioners with pills, bottles and other necessities. It has been a blessed experience for me to help other practitioners perform their duties. This responsibility also keeps me on my toes. But most of all, serving in this way has strengthened my faith and conviction, and given me tremendous hope for the betterment of mankind through Baba's love.

With Swami's blessings, I was able to travel to India in January 2014 and attend the First International Vibrionics Conference. Soon after the conference, I completed the SVP course and have helped others including my family via broadcasting.

I have found that broadcasting remedies is extremely helpful to many, not only to the particular patient who is being treated but to all the people in the household and around the SRHVP machine. To me, the SRHVP is such a beautiful gift from Swami and such a blessing to have that it must never be left idle. I generally keep the card **SM5 Peace & Love Alignment** in it all the time. This has helped our family through the tough times during the move, helped my teenage children adjust to their new high school, kept us grounded and indeed helped immensely overall.

## Reflections on seva

Swami has taught us that the best way to love God is to love all and serve all. Seva brings out all that is great in a human being. It broadens the heart and widens one's vision, fills one with joy, promotes unity and proclaims the truth of the Spirit. And above all it drives out all the evil qualities in a person.

There are other means of attaining oneness with God. Meditation, Yoga, Bhajan, Namasmarana (uttering the name of God). When we practice Vibrionics as our seva, we not only aspire for the good for others around us, we are also offering our service without any wish for personal gain.

By dispensing His love in the form of Vibrionics remedies, as devoted practitioners we are reverently spreading the holy vibrations of His love and blessing around the globe.

## A Case

In my article in the Vibrionics Conference volume, I had reported a case of the successful use of vibrionics on a variety of houseplants which had suffered damage during a long move cross-country in August 2013. I gave them all:

**#CC1.2 Plant tonic + CC15.1 Mental & Emotional tonic...3TW** in water.





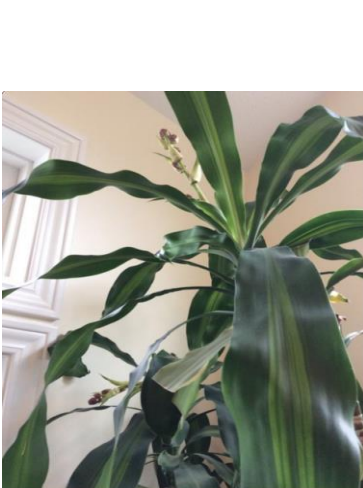
Fern, August 2013



On right, October 2013



On right, October 2014



Second view, October 2014



In bloom, October 2014



Corn plant, August 2013



October 2013

After two months' treatment, they had recovered and were flourishing. I would now like to provide an update: Since then, the plants have been continuously receiving the remedy **2TW**. The bigger plants get about 6-8 cups of water and the smaller ones get about 2 cups with the remedy mixed in.

More than a year later, the plants are bright green and seem to have almost doubled in size! The difference can be seen particularly in the photos of one fern.

This plant had suffered the most in the move. A striking difference can be seen in the fern plant after the move in August 2013, two months later in October 2013 and one year later in October 2014 the dracaena fragrans (indoor corn plant) in particular has seen immense change. It generally blooms every year with lowers that have a sweet jasmine- like fragrance. It did not bloom at all last year (2013). This year (2014) it has huge blooms, and the fragrance is sweeter and stronger, and fills every room of the house. The photos below show a corn plant on arrival in August 2013, in October 2013 and in bloom in October 2014. After two months' treatment, they had recovered and were flourishing. I would now like to provide an update:

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## ☞ Answer Corner ☞

1. Question: Are there any remedies for Ebola for prevention and for treatment?

**Answer:** As a preventive, the following should be given: **CC3.3 High Blood Pressure + CC3.5 Arteriosclerosis + CC9.3 Tropical diseases + CC19.7 Throat chronic...BD** to be taken daily, morning and night. For those already suffering a blood nosode will be appropriate.

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2. Question: I would be grateful for a combo for West Nile disease; should this be treated as a tropical disease?

**Answer:** West Nile is a viral disease transmitted by various species of mosquitoes, prevalent this year because of earlier flooding. In view of this, give **CC9.3 Tropical diseases + CC18.5 Neuralgia** and for recuperation, continue the same combo at a lower dosage.

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3. Question: Can you please give me combo for enterovirus D68, which is spreading rapidly among children?

**Answer:** The enterovirus is a genus of picornavirus which is one of the rhinoviruses, a species that causes the common cold in humans. Patients can deteriorate fast and often require emergency hospitalization and the assistance of ventilators to breathe. I suggest you give **CC9.2 Infections acute + CC19.3 Chest infections chronic**, if there is difficulty in breathing. If they are in an area where there is an outbreak, give a preventive dose of **CC9.2** to both children and adults. As this is not a tropical disease, for recuperation give **CC12.1 Adult tonic** or **CC12.2 Child tonic**.

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4. Question: In treating Type 2 Diabetes, I notice SR305 Pancreatin and SR499 Insulin are not included in the combo CC6.3 Diabetes. Have you had any experience of adding these cards for a diabetic who takes insulin?

**Answer:** Yes, these cards appear not to be in **CC6.3 diabetes** but these were not added separately because they are both included in **OM8 Hypo & Hyperglycaemia** and in **BR2 Blood sugar** as will become clear when you look at their breakdown in Soham Book 3.

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5. Question: One of my patients gets very tired after the mid-day meal. He has a bowel movement straight after eating and wants to sleep at times, however at work this becomes difficult. Please advise.

**Answer:** It could be because he has an allergy to one of the foods he is eating and this is usually the one he likes the most, like cheese or a particular meat. So he should try to discover what he is eating that is not giving him energy but making him tired and then cut this out of his diet. Or it could be because his liver is under some stress because his diet is very rich. So he should eat less rich diet with no butter, ghee, milk, cheese, oil, fat and no alcohol. When his liver has rejuvenated itself, he could go back to a more normal diet but alcohol would always be a no at midday anyway. Meanwhile give him **CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic** as this may help his condition.

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6. Question: Please suggest what one should do with any leftover vibro remedy made in water.

**Answer:** Any vibro remedy made in water has a limited life because water becomes stale after a few days and bacteria can grow. Therefore do not keep any combos, mixtures or remedies that are made in or added to water after seven days, or less in hotter climate. Remember always to cover the remedy container.

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7. Question: What is the procedure for charging a quartz crystal?

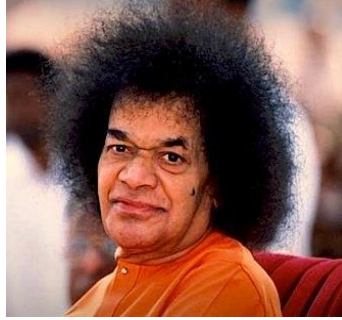
**Answer:** If charging the crystal with vibration of a single card, use the standard procedure, keeping the crystal in the Remedy well for 12 hours. When charging the crystal with a combo, use no more than 10 cards to first prepare the combo using the potentiser. Keeping the combo so prepared in the Sample well, potentise at **30C**. The 108CC box should not to be used for charging a crystal.

However, it is advisable to clean the quartz crystal before charging. This can be done in the potentiser at

10MM potency for one hour. A crystal can also be cleaned by leaving it in full sun or full moon night for 1 hour.

A charged crystal should be worn **TDS** for 10 minutes at a time. If wearing the crystal on the body ongoing, the crystal will keep the charge for 4 months.

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*Practitioners: Do you have a question for Dr Aggarwal? Send it to him at [news@vibrionics.org](mailto:news@vibrionics.org)*



## ☪ Divine Words from the Master Healer ☪

*“Do not give up love under any circumstances. Even if someone were to hate you, treat him as your own brother. If you were to meet him on the road, do not show anger; greet him with love. Your love will certainly bring about transformation in him.”*

*...Sathya Sai Baba, Sanathana Sarathi, January 2004*

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*“The foremost duty of everyone is to make love of God flow towards all in creation. Every man lives not for his own sake but to render service to society. To forget concern for the body is the way to realize self-satisfaction. Of what use is human birth if you do not manifest unsullied love towards all beings?”*

*...Telugu poem recited by Sai Baba, Sanathana Sarathi, October 1996*

## ☪ Announcements ☪

### **Forthcoming Workshops**

- ❖ **India Puttapparthi:** AVP workshop 19-22 November 2014, contact Hem at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)
- ❖ **India Dharmakshetra, Mumbai:** AVP workshop 29-30 November 2014, contact Satish at [satish281265@yahoo.com](mailto:satish281265@yahoo.com)
- ❖ **India Delhi-NCR:** All practitioners meet 7 December & SVP workshop 1-9 December 2014, contact Sangeeta at [trainer1.delhi@vibrionics.org](mailto:trainer1.delhi@vibrionics.org)
- ❖ **India Kasaragod in Kerala:** AVP workshop in December 2014, contact Rajesh at [sairam.rajesh@gmail.com](mailto:sairam.rajesh@gmail.com)
- ❖ **USA Lexington, Mass.:** AVP workshop 9-11 January 2015, contact Susan at [Trainer1@usa.vibrionics.org](mailto:Trainer1@usa.vibrionics.org) or by telephone at 304-274-0477

**All Trainers: If you have a workshop scheduled, send details to: [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)**

## ☞ In Addition ☞

### My Experience in Using Conference Calls to Provide Practitioner Support

Practitioner 01339...USA

I would like to share my experience in using conference calls to support practitioners in my area, which may be of use to others. When I started as trainer and country coordinator for the USA and Canada in 2012, I wanted to have a way to support practitioners. We had just graduated our first AVP class that October. These practitioners were a very dedicated group. As they began to practice, they would ask me questions. Many times, they had similar questions, so I felt the best way to save time for everybody was to hold a group conference call to answer them. I thought back to my own experience. When I started out as a newly trained practitioner in 1999, I found it very challenging. When I had a question, there was no one in the US I could call for help. Drawing on my experience, I decided to give the new practitioners the additional support they might need as they started providing Sai Vibrionics remedies.

I began these calls two weeks after the initial training. We started by having the conference calls once every two weeks for two months. Then we switched to once every month for nearly a year, ending in August 2013. At the request of practitioners, I recently resumed the group conference calls in September 2014 and plan to continue to offer them monthly for as long as the practitioners find it helpful and they send in their questions.

#### This is how I organize the calls:

I use a free conference call service: <http://freeconferencecall.com>, but Skype or other alternatives would work as well.

I email all the active practitioners in the US and Canada to invite them to participate and to send me any questions. Getting the questions in advance is important because I can then prepare written answers and do any research necessary. I don't share the practitioners' names when I talk about the questions during the call.

When the time arrives, all the practitioners call in to join the group call, so we can all hear and speak with each other. I ask participants to give their first name when they enter the call.

I keep the calls strictly to one hour.

I use a Question & Answer format. I answer questions related to any aspect of practicing vibro in general, for example, how to respond to inquiries from people or protocols for patient follow-up. But I do not answer questions related to specific cases or questions about specific formulas as I feel this is not beneficial to the overall group. I do respond to such questions by providing information directly to the practitioner who asked, away from the conference call. The conference calls are meant for questions that are not time-sensitive.

If there is time after the Q & As are finished, we discuss other questions, general questions about formulas or conditions, about record keeping and most important of all, about our role as a conduit of unconditional Love for each case we serve. I may add some comments. The group sharing during this portion of the call has proven to be valuable, interesting and inspirational to the participants, I'm told.

After the call, the prepared Q & As are sent in for possible inclusion in the Sai Vibrionics Newsletter.

Overall, the scheduled monthly conference calls are helpful for the practitioners, a timesaver in allowing me to help more practitioners and a sharing satsang for all of us as we focus on selflessly serving those in need.

Jai Sai Ram!

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## ☞ Important: Attention All Practitioners ☞

❖ Many of the cases we receive are excellent but we are not always able to share them because some essential information is missing, which only the practitioner can supply. So PLEASE when you send in your cases do make sure to include the following:

**Age of the patient, male/female, date treatment started, detailed list of all acute symptoms, detailed list of all chronic symptoms, duration of each symptom, possible cause of each chronic symptom, any other past/existing treatment, combo given and its dosage and duration, date-wise record of percentage improvement, final condition, and any other relevant information.**

**This will help us include your cases in future Newsletters.**

- ❖ Our website is [www.vibrionics.org](http://www.vibrionics.org). You will need your Registration number to login to the Practitioner Portal. If your email address changes, please inform us at [news@vibrionics.org](mailto:news@vibrionics.org) as soon as possible.
- ❖ You may share this Newsletter with your patients. Their questions should be directed to you for answers or for research and response.

**Om Sai Ram!**

*Sai Vibrionics. . .* towards excellence in affordable medicare - free to patients